

CUSTOMER SPOTLIGHT QUALITY FITNESS MUKILTEO



Quality Fitness
for your quality of life

QUICK FACTS



Location
Mukilteo, WA



Facility Type
**Independent
Gym**



ECO-POWR™
Products
9



Facility Size
5,000 sq ft.



Potential Energy
Production
3,920 kWh/year*

QUALITY FOR THE COMMUNITY

At the foundation of the gym is a commitment to “quality.” Quality in their training, quality in their classes, quality in their equipment, and quality within their community. Classes and trainings come with a solid base and focus on biomechanic basics that are designed to get members moving as efficiently as possible and provide them with the knowledge they need to lift and workout properly on their own.

Whether the member is a ninja warrior in training or a senior recovering from a hip replacement, the equipment and the training can be adapted to fit their needs—making Quality Fitness a sustainable option for every member of the community.

STEPPING OUT FROM THE CROWD

To be a super studio/gym in a community full of competition you need to do something to stand out and be different than the big box gyms around the corner. For Quality Fitness Mukilteo, they looked for equipment that not only offered a great workout experience but something that was unique and differentiating for their brand.

They decided to lead the way for green fitness in the Pacific Northwest by incorporating ECO-POWR™ energy-producing cardio equipment and the SA WELL+™ system for their members. Not only is the equipment different, it is different in a way that makes an impact and creates the potential for higher intensity workouts.

“ CLIENTS ARE LEARNING TO LOVE BOTH THE TRAINING AND THE EQUIPMENT HERE. THEY’RE REALIZING THAT IT IS NEW AND DIFFERENT. THERE’S BEEN LOTS OF POSITIVE FEEDBACK, ESPECIALLY WITH THE QUIETNESS AND SMOOTHNESS OF THE EQUIPMENT. ”

DAVE MATHEWS, OWNER



**FOR MORE INFORMATION ABOUT QUALITY FITNESS MUKILTEO VISIT
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